

ART in AMERTA MOVEMENT with Suprpto Suryodarmo

December 2009 – September 2010

(last updated Dec-2009)

Since 1970, Suprpto Suryodarmo (Prpto) has studied free movement, Vipassana, and Javanese Sumarah meditation techniques -- placing these practices within the nature, temple, and human field. In 1974, he was initiated into Javanese Theravadin Buddhism. His approach to religiosity and art then emerged in a new ritual art that he entitled "Wayang Buddha". In 1986, he established his own school -- Padepokan Lemah Putih, a uniquely landscaped garden in Mojosongo, just north of Solo, Central Java. He has taught and performed in Indonesia, Europe, the UK, Australia, USA, Mexico, Japan, India, and the Philippines for over 20 years. The main intention of his Joged Amerta movement work is to develop a way to lessen the sense of identification in art happenings through movement. Hence, it is more than an approach to improvisation; Joged Amerta is a practice cultivating an attitude towards life.

Practice starts from the idea of 'from the garden back to the garden' as an approach to creativity in art and as an attitude of life. Improvisation begins with everyday movement, like the cycles of life, such as resting, sitting, crawling, and walking with variations to find potentials that are not yet awake. Then, choicing choosing composition in living measurement in the context of the environment and situated within happenings that are always changing. Awakening in the garden by growing an attitude of Circle: bowing in praying--spiritual language; Oval: purification in circulation--nature language; and Square: discussion in unity--human language. Oneself is thus as an offering for the garden towards diversity in unity.

Prpto offers a series of month-long workshops at Padepokan Lemah Putih, that may also include practice in Central Java sites such as Suku Temple (similar to Mayan pyramid), Borobudur (a buddhist temple), Kalasan (a women's temple), and Parangtritis beach; as well as historical areas in Central, West, and East Java; West Sumatra; Samuan Tiga-Bedulu, South Bali; Tejakula, North Bali; and Sulawesi. Prpto practices in Samuan Tiga-Bedulu because in the 11th century a dialogue between three religions: Bali Aga, Hinduism, and Buddhism occurred there; resulting in the creation of three village temples; still present in every village throughout Bali today. This potential gave birth to the concept of diversity in unity (bhinneka tunggal ika). Tejakula in North Bali is a place where cultures were in

dialogue: in the 17th century indigenous Bali Mula met with migrating people from other regions of Bali and maritime cultures of the Nusantara Archipelago, Southeast Asia, Asia, and the Middle East including China and Indi-Persia. By agreeing to lay aside their social castes they were able to reside together as an intercultural society.

REGISTRATION

To register for a workshop in Indonesia please send:
a letter to: **amerta@lemahputih.com**

Two passports photos

Wiretransfer a deposit of 25% of the workshop fee to confirm your registration

Admission/Workshop Fee

For each Thirty day program/workshop in Indonesia

The fee for a PARTICIPANT is Euro € 1250

The fee for an APPLICANT is Euro € 850

Rekening address :

Suprpto Surya Darma

ABN –Amro bank N.v

No. Rekening 360 10 444 93

Jl. Slamet Riyadi 293 Solo Jawa Tengah

Swit code : ABNA – IDJA

Iban Code : NL 12 ABNA 0540493074 EUR

Fed ABA : 026009580

Used Internet Banking : 00360 10 444 93

Padepokan Lemah Putih address :

Bonorejo Rt 01/ RW 02

Plesungan, Gondangrejo

Karanganyar, Surakarta

Jawa tengah

Indonesia

Post code : (0271)

Phone: +62 271 8503050

Postal Address:

P.O BOX 301

Solo, Jawa Tengah 57111 Indonesia

For Information and Registration: **amerta@lemahputih.com**

www.lemahputih.com

TRAVEL PERMIT/VISA

For your purposed stay in Indonesia for the workshop, we recommend you apply for a Social Cultural Visa (Visa Sosial Budaya) at the Indonesian Consulate or Embassy in your country of residence. A Visa SOSIAL BUDAYA (Social Cultural Visa) is a visit permission that may be extended for up to 6 months at the Immigration Office in Solo, Central Java. For more information, please contact the Indonesian consulate or embassy in your country.

In order to complete your application for a Social Cultural visa, we will provide you with an Invitation and Sponsor Letter that you must include in your visa application.

To provide you with a sponsor letter, we need your complete information as below :

- Name
- Permanent Address
- Place and Date of Birth
- Profession
- Nationality
- Passport Number
- Date / Place of issue
- Date of expiry
- Approximate Date of Arrival

ACCOMMODATION AND TRAVEL

The fee DOES NOT INCLUDE costs for accommodation and travel expenses.

STAY AND FOOD

For living expenses you will need US\$ 400 – 500 monthly, depending on your lifestyle.

We can assist you to find places to stay and prices.

HEALTH INSURANCE, AND VACCINATION

All participants are responsible for their own health and travel insurance. Please check your health and ask for your medical necessities i.e. vaccinations etc. from a doctor in your home country.

TRANSPORTATION

Padepokan Lemah Putih can assist you to arrange local flight reservations and local transportation.

Program Amerta Movement In Indonesia 2010. with Suprpto Suryodarmo.
 Email : amerta@lemahputih.com website: <http://www.lemahputih.com/>
 Phone: +6271 8503050.

December 18, 2009 - January 20, 2010		
WORKSHOP FOR HUMAN NATURE RITUAL ART	TITLE OF WORKSHOP	PLACE OF WORKSHOP
	"CREATION OF THE LIGHT"	
DATE OF WORKSHOP		
December 18 - 24, 2009.		Borobudur + Parangtritis beach
December 25.	Day Off	
December 26 to January 2, 2010.		Padepokan Lemah Putih Sharing Temple Art at Sukung Temple
January 1.		
January 3- 4.	Day Off	
January 5 - 12.		Bedulu, Goa Gajah Mandala Wisata, Samuan Tiga Bali.
January 13.	Day Off	
January 14 - 20.		Teja Kula, Nort Bali.
January 26 -February 26, 2010.		
WORKSHOP FOR HUMAN NATURE RITUAL ART	TITLE OF WORKSHOP	PLACE OF WORKSHOP
	"THE JEWEL OF THE NATURE"	
January 26 - February 4, 2010		Padepokan Lemah Putih
February 5.	Day Off	
February 6 - February 15, 2010		Padepokan Lemah Putih
February 16.	Day Off	
February 17 - February 26, 2010		Padepokan Lemah Putih
March 1 - April 1, 2010.		
WORKSHOP FOR HUMAN NATURE RITUAL ART	TITLE OF WORKSHOP	PLACE OF WORKSHOP
	"INSPIRE OF THE BREATHING"	
DATE OF WORKSHOP		
March 1 - March 10.		Padepokan Lemah Putih
March 11.	Day Off	
March 12 - march 21.		Bedulu, Tejakula Bali.
march 22.	Day Off	
march 23 - April 1.		Padepokan Lemah Putih
April 5 - may 6, 2010.		
Basic First	TITLE OF WORKSHOP	PLACE OF WORKSHOP
	Basic First	Basic First
April 5 - april 14.		Padepokan Lemah Putih
15 April.	Day Off	
April 16 - april 25.		Boko, Kalasan, and Borobudur Temple Parangtritis Beach.
April 26.	Day Off	
April 27 - mei 6.		Padepokan Lemah Putih

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